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Dr Jan's *Passion News*

Why V does not just stand for Valentines Day

Dr Jan's Gem

May you have magical "Liminal Moments" - those moments apart from time, when you are gripped, taken, when you are so fully absorbed in what you are doing, that time ceases to exist.

Why V does not just stand for Valentines Day

Jake was complaining about Valentine's Day being a heap of hoo-ha - a made-up materialistic commercial marketing exercise for others to make a lot of money. Despite his whinging, he still went and bought his wife, Marsha, some flowers on the day. He called it his insurance, lest he never have sex again.

In order to maximize his chances of sex with Marsha, Jake needed to do more than buy flowers. He needed to learn about women's pink bits and how to pleasure them.

In fact, many women are still not proudly knowledgeable about their own pink bits and need to learn more about them too. It's confusing when the vagina is the main focus of the girl's education but it is something she cannot see. (This is also partly because of the taboo about talking openly about sex. Mothers often just give the young girl a book with pictures and expect her to learn alone).

The truth is, V is not just for Vagina. It's for Vulva (the entire caboodle of pink bits) and Vestibule (the wonderful open hallway which houses the inner lips, clitoris, vaginal opening and urethra). Too often a man will play with the woman when he has no idea what dingles he is dangling. Next time Jake is interested in sex he should position himself "down there" and have a really good look at what he is playing with so he can see her response first hand! (This is not the same as "going down" for Oral Sex which can be an art form of it's own but does not allow absolute objective observation of what's

happening for the woman!)

Hot Tip

Dr Jan's CDs [Ecstasy Sex](#) and [Sharing Ultimate Orgasms](#) have fabulous tips for enjoying amazing Valentine's Day intimacy.

Dr Janet Hall

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**© Accelerated Success Centre • 111 Hoddle Street, Richmond, Victoria 3121
Australia
Phone: +61 3 9419 3010 • Fax: +61 3 9410 3030 • info@drjanethall.com.au**

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